

The Enneagram

The Enneagram is personality typing system developed by ancient desert fathers that can help people to understand themselves in the context of relationships, spiritual formation, and personal development. What follows are a variety of helpful resources I've found to gain more insight into the Enneagram.

Enneagram Tests:

1. RisoHudson (<https://tests enneagraminstitute.com/>) is a great, more cognitive test to determine Enneagram typing. They provide a free test but investing the \$12 for the more thorough results is well worth it.
2. WEPSS (<https://wepss.com/buy.asp>) is another great resource with more of a psychological take on the Enneagram. The \$15 it requires provides excellent results that have unique interpretation that I can always help translate. Allow a full hour to take this test.

Enneagram Podcasts:

1. *The Enneagram Journey*, Suzanne Stabile (my personal favorite!)
2. *The Liturgist Podcasts Enneagram*, The Liturgist Podcast, Episode 37, August 22, 2016
3. *The Road Back to You*, Ian Morgan Cron and Suzanne Stabile
4. *Typology*, Ian Morgan Cron
5. *The Atlas Album*, Sleeping at Last (incredible Enneagram songs by number)

Enneagram Books:

1. Heuertz, Christopher L. ***The Sacred Enneagram: Finding Your Unique Path to Spiritual Growth.***
2. Morgan Cron, Ian and Stabile, Suzanne. ***The Road Back to You.*** Excellent resources for finding your type and “wings.”
3. Stabile, Suzanne. ***The Road Between Us.*** Great resource for use in relationships and conflict management.

Enneagram Apps:

1. “Know Your Type,” \$2.99. This is a great starter app if you are new to the Enneagram and want to learn your type and how that guides interactions with other Enneagram types.
2. “EnneaApp,” Free. This app covers wings, subtypes, and growth movement. Its a good resource for those more familiar with the Enneagram.