

## Genetic and Neurotransmitter Testing

---

1. Gene testing : <http://www.genomixnutrition.com> is a cheek swab. You can shop online for a local provider; I have used Arianna Blaher at Healing Hands Chiropractic (720-733-9510). She is in Castle Rock and can provide Homeopathic supplements and Neurotransmitters to avoid Pharmaceuticals and side effects. You can also use Nurse Practitioners who specialize in Psychiatry and can prescribe appropriate medications; some even take insurance.
  2. Gene Testing: [www.23andme.com](http://www.23andme.com) is a two-step process to get data into a format that can be analyzed by a practitioner. After receiving 23andme data, run raw data through [www.livewello.com](http://www.livewello.com) to generate usable report. Blood Draw.
  3. Gene Testing : [www.livewello.com](http://www.livewello.com) provides genetic reports for Single Nucleotide Polymorphisms.
  4. Neurochemistry : Dr. Stewart, located in Texas, has trained providers in multiple states that are trained to correct neurochemistry. More information at: [www.coffeewithdrstewart.com/category-s/1823.htm](http://www.coffeewithdrstewart.com/category-s/1823.htm)
-